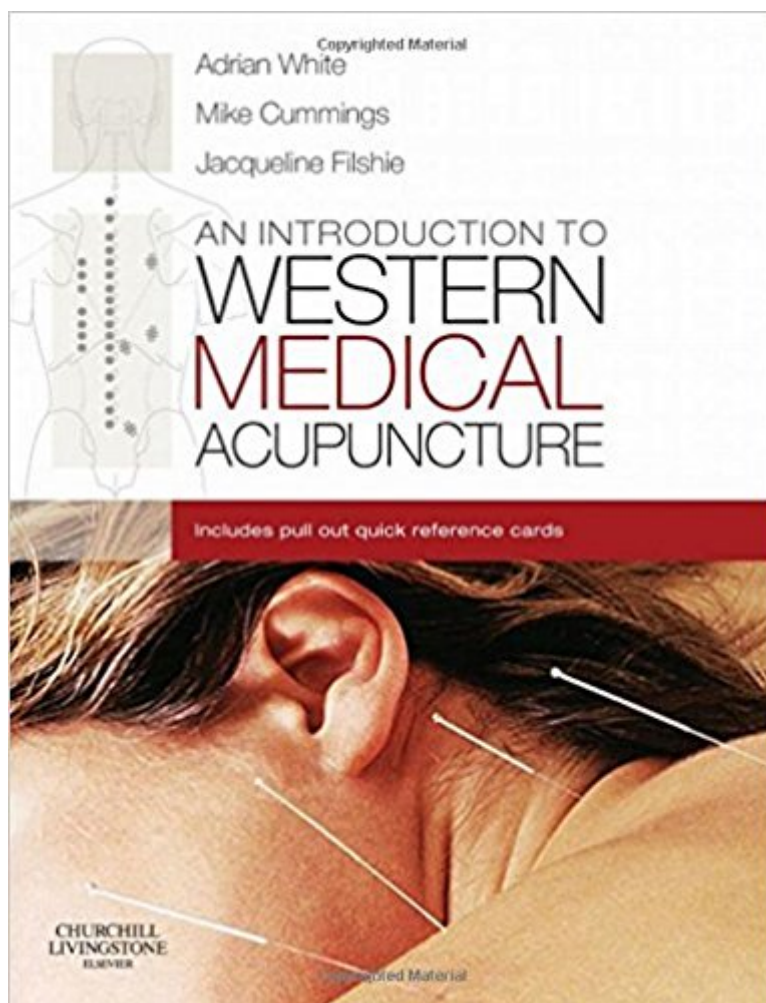


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# An Introduction To Western Medical Acupuncture, 1e



## Synopsis

This book is a clear and practical introductory guide to the practice of medical acupuncture. It describes the Western medical approach to the use of acupuncture as a therapy following orthodox diagnosis. The text covers issues of safety, different approaches to acupuncture, basic point information, clinical issues and the application of acupuncture in clinical conditions, especially in the treatment of pain. A practical guide to the principles and clinical practice of medical acupuncture A clear guide to the neurophysiological principles which underlie medical approaches to acupuncture A basic explanation of the different styles of medical acupuncture treatment Allows the reader to accrue the practical knowledge necessary before beginning to work with medical acupuncture.

## Book Information

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## Customer Reviews

"Written by a trio of very experienced acupuncture practitioners, clinicians and researchers, the book is a one-stop shop in Western medical acupuncture...I am confident that it will be able to stand on its own and establish itself as THE modern manual of medical acupuncture. I do not think I will stop recommending it." Focus on Alternative and Complimentary Therapies, 2009

Department of Complementary Medicine, University of Exeter, Royaume-Uni Medical Acupuncturist, Director of Education, British Medical Acupuncture Society, Royaume-Uni Consultant Anaesthetist, The Royal Marsden NHS Trust, Honorary Senior Lecturer, Institute of Cancer Research, Sutton, Royaume-Uni

With a much needed emphasis on the western scientific background, (and justification) for acupuncture, this helps to fill a void. While many will feel like they need more in-depth anatomical review than is offered, the emphasis on the neurobiological/neurophysiological basis for the effects seen with acupuncture provides an understanding that many trained in western human and veterinary medicine will find invaluable. The book is written in a highly readable format. I especially appreciate the discussion of current standing of acupuncture in the peer-reviewed literature and where it has proven a valid (or even superior) choice over other medical or surgical treatment modalities.

Loved the diagrams in the back- quick reference, laminated cards to use when you just need a quick look. Those were worth the price alone.

Salient and well written.

At a time when all too many are willing to follow a guru into a belief-system based approach, i.e., TCM, and abandon their scientific education, this book antidotes the prevailing fascination with myths and metaphors by providing fact-based, straightforward instruction. I applaud Drs. White, Cummings, and Filshie in their publication of a clinically meaningful text packed with legitimate information that medical professionals should be expected to understand if they are going to advertise themselves as acupuncturists.

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